

Allied health providing cancer survivorship care

Recommended resources to support survivorship care in allied health

Australian guidance documents

- Cancer Council Australia: [Clinical Guidelines Network platform](#)
- Cancer Council Australia: [Optimal cancer care pathways](#)
- Cancer Australia: [Principles of cancer survivorship](#)
- Australian Cancer Survivorship Centre (ACSC): [Directory of guidelines](#)
- ACSC: [Models of survivorship care](#)
- Cancer Australia: [Multidisciplinary care](#)

Clinical Oncology Society of Australia (COSA) resources

- COSA website: www.cosa.org.au
- [COSA groups](#)
- COSA: [Model of Survivorship Care \(2016\)](#)
- COSA: [Position statement on cancer survivorship care \(2019\)](#)

Online professional development courses

- eviQ Education: [Cancer survivorship introductory course](#)
- VCCC Massive Open Online Course (MOOC): [Cancer Survivorship for Primary Care Practitioners including GPs, nurses, allied health professionals \(endorsed by the Australian College of Nursing\)](#)

Return to work

- ACSC fact sheet: [Dealing with money, work and study \(practical issues\)](#)
- Cancer Council Victoria booklet: [Cancer, work and you](#)
- Cancer Australia website: Work after cancer: [A guide for people diagnosed with cancer, health care providers and employers](#)
- Celia Marston (occupational therapist) online presentation: [Returning to work for cancer survivors](#)
- Victorian adolescent and adult cancer services: [Thinking ahead: your guide to school study and work](#)
- Flinders University and Cancer Australia website: [Work After Cancer](#)

Fear of cancer recurrence

- Peter MacCallum Cancer Centre: [Fear-Less webinar: Managing fear of cancer returning or progressing](#)
- Cancer Australia report (2014): [Recommendations for the identification and management of fear of cancer recurrence in adult cancer survivors.](#)
- American Society of Clinical Oncology (ASCO) website: [Dealing with cancer recurrence \(US\)](#)
- Cancer Council Victoria website: [Fear of the cancer coming back](#)
- Cancer Council podcast: The thing about cancer [Managing fear](#)
- Springboard Beyond Cancer website: [Fear of recurrence –self management \(US\)](#)
- Canadian Cancer Survivor Network webinar: [Fear of cancer recurrence - 5 ways to lessen your anxiety \(CA\)](#)

Fatigue

- ACSC Common Survivorship Issues Directory: [‘Cancer related fatigue’](#)
- ACSC consumer fact sheet: [Fatigue: dealing with cancer related fatigue](#)
- ACSC fact sheet for health professionals: [Follow-up of survivors with cancer related fatigue](#)
- Cancer Council Victoria fact sheet: [Coping with cancer fatigue](#)
- MacMillan Cancer Centre online fatigue-management program: [RESTORE](#) (UK)
- Cancer Council podcast: The thing about cancer: [Managing cancer fatigue](#)
- Videos about cancer related fatigue: [Directory of videos for patients, carers and survivors](#)

Communication and telehealth

- ACSC information about guiding frameworks, other models of care and videos on shared care and nurse-led models of care: [Models of survivorship care](#)
- Recommendations for implementing and delivering shared survivorship care: [ACSC shared care guidance](#)
- eviQ Education: [Cancer Survivorship Module 2](#)
- Guidance document from Cancer Australia: [Shared cancer follow-up and survivorship care: early breast cancer](#)
- Guidance document from Cancer Australia: [Shared cancer follow-up and survivorship care: low-risk endometrial cancer](#)
- ACSC videos: [The role of primary care in cancer survivorship](#)

Chemotherapy induced cognitive impairment

- ACSC Common Survivorship Issues Directory: [‘Issues with thinking and memory’](#)
- Cancer Council consumer fact sheet: [Understanding changes in thinking and memory](#)
- Cancer Council website: [Changes in thinking and memory](#)
- A brain-training system devised by an international team of neuroscientists: [BrainHQ](#)

For health professionals and survivors

- ACSC: [Resources for both health care professionals and consumers \(survivors and carers\)](#)
- ACSC: [Common survivorship issues directory](#)
- [mycareplan.org.au](#): Free, online survivorship care plan generator for people treated for early stage breast, bowel or prostate cancer. Soon to be available for melanoma, non-Hodgkin lymphoma and endometrial cancer survivors
- Cancer Council Australia: [After cancer treatment, high quality evidence based resources in many languages](#)
- Gunn, K. (2017) *Home* [Rural Cancer Stories].
<https://www.youtube.com/channel/UCFsw52vCWSdxUnkCdNLNx7A/featured>

Recommended articles

- Bower J. E. (2014). Cancer-related fatigue--mechanisms, risk factors, and treatments. *Nature reviews. Clinical oncology*, 11(10), 597–609. <https://doi.org/10.1038/nrclinonc.2014.127>
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