

# Our research results: Asking about pain in outpatient clinics

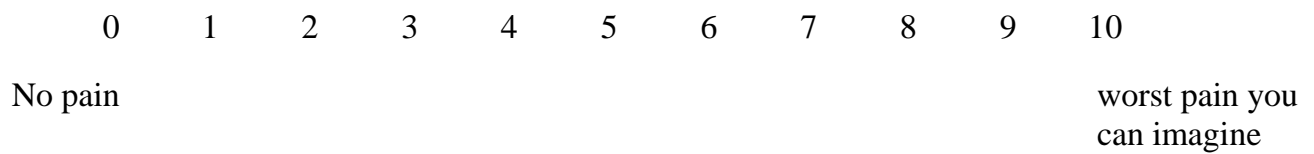
**Managing pain during and after treatment is a priority for us at Peter Mac**  
**If you have pain – please tell us**

## When and why?

In 2016, we carried out a study to find out if it is possible to ask every patient who comes to the outpatient clinics at PeterMac about their pain. We started by asking patients in the breast and urology clinics.

## How?

Patients from breast and urology clinics were asked to rate their pain score on a 10 point scale.



© Numeric Rating Scale; sourced Australian Cancer Pain Management in Adults

## Who took part in the research study?



41% 59%

313 patients with an average age of 60 years

## What we found out

- Overall, most patients (71-78%) reported low levels of pain (a score of between 0-2 on the 10 point scale), but
- 19-26% of people who were having treatment or follow up care had a score of 3 or above.

## Our message to you

Please tell us if you have pain at any time during your treatment of follow up care so that we can help

This study was led by Prof Mei Krishnasamy and conducted by the Department of Cancer Experience Research and Pain and Palliative Care Team