The CanEAT pathway aims to provide clinical guidance to help people with cancer, carers and health professionals achieve and deliver optimal nutrition care.

There are two pathways:
1. The CanEAT pathway for health professionals
2. The CanEAT pathway for people with cancer and their carers

Each pathway:
- Has been developed by people with cancer, carers and health professionals through a co-design process.
- Combines evidence-based information, interactive links to useful resources and tools, and practical tips in a centralised resource to assist and support health professionals to deliver high-quality nutrition care.
- Is not intended to be read cover to cover, read what is useful to you.

**TIPS:**
- Save it to your desktop for easy access
- Provide the link to people with cancer and/or their carers
- Use it to guide nutrition care and service delivery

For more information please visit [www.petermac.org/CanEATpathway](http://www.petermac.org/CanEATpathway) and/or email VCMC@petermac.org
Cultural adaptation of the Malnutrition Screening Tool and associated education resources

To better support the nutritional needs of Culturally and Linguistically Diverse (CALD) patients, the Malnutrition Screening Tool (MST) has been culturally adapted and translated into Victoria’s top 10 languages other than English. All people with cancer should be screened for malnutrition risk at diagnosis and at regular time intervals thereafter.

An online interactive tool has been created and includes an in-built calculator and audio in each language.

To access the freely available online interactive MST visit www.petermac.org/MST

The online interactive MST is available in 10 languages:
- Greek
- Italian
- Mandarin
- Vietnamese
- Arabic
- Cantonese
- Macedonian
- Turkish
- Croatian
- Spanish

HOW CAN I USE THIS IN MY WORKPLACE?

- Best practice use of the online interactive MST is to have an interpreter present to guide the patient through the tool.
- If an interpreter is unavailable, it is recommended the health professional guide the patient through the MST, otherwise the patient may complete themselves.

TIPS:

Test your device to ensure adequate sound volume and font size before use, if in a busy and noisy environment, consider headphones for the user.

What if I do not have internet access at my workplace? Download a hard-copy version of the MST in each language here: https://www.petermac.org/nutritioninfo-clinicians

The online interactive MST is scalable to any electronic device- you can use a laptop, tablet or mobile phone. We suggest a tablet as the most suitable device.

RESOURCES:

- **Malnutrition Screening Tool (hard-copy)**
  - This resource is a printable version of the MST and is available in 11 languages.

- ‘Preventing weight loss - Why is it important for people with cancer?’
  - This resource is available in 11 languages.

- ‘Preventing Cancer Malnutrition - Information for health professionals’
  - To access these freely available resources visit www.petermac.org/nutritioninfo-clinicians

For further information visit https://www.petermac.org/VCMC