

PARKVILLE INTEGRATED PALLIATIVE CARE SERVICE

Information for Patients, Carers and Families

Peter MacCallum Cancer Centre, The Royal Melbourne Hospital and The Royal Women's Hospital are partnering to deliver a comprehensive and coordinated palliative care service across the Parkville Precinct.

What is Palliative Care?

Palliative care is an approach that improves the quality of life of patients and their families facing problems associated with life-threatening illness. Palliative care aims to help the patient live as well as possible and offers support to help family and caregivers.

What services are offered?

Some examples include:

- Pain management – including pain assessment, developing a plan of action and monitoring and controlling pain
- Managing other symptoms that can occur, like fatigue and exhaustion, shortness of breath, cough, nausea and vomiting, loss of appetite and anxiety
- Patient and family meetings to discuss diagnosis, stage of illness, treatment options and care plans, including advance care planning
- Making plans for care outside of the hospital – we can assist in arranging physical and psychosocial supports for care at home.



Locations:

Peter MacCallum Cancer Centre
Victorian Comprehensive Cancer
Centre building
305 Grattan Street
Melbourne VIC 3000

The Royal Melbourne Hospital
300 Grattan Street
Parkville VIC 3000

Palliative Care is about improving quality of life and living. You are the most important part of the care we provide – if we are not doing something right, please let us know

How is care delivered?

Patient care within the Parkville Integrated Palliative Care Service is delivered by very experienced medical, nursing clinicians and allied health clinicians organised in specialised sub-streams across the precinct addressing the needs of particular patient groups.

Our clinicians and nursing consultants will operate from two sites and will work across both Peter Mac and The Royal Melbourne Hospital as an integrated service, seeing patients from Peter Mac, The Royal Melbourne Hospital and The Royal Women's Hospital.

This means you may, from time-to-time be seen by a new clinician or nursing consultant. Rest assured however that each member of our team will be fully apprised of your medical history and care plan.

How can I be referred?

Palliative Care is available at any stage of your illness. Your treating team can organise for you to see us. Referrals for outpatient clinics or inpatient visits at either Peter Mac or The Royal Melbourne Hospital will be centrally managed by our service.

What if I need to be admitted?

If you need to be admitted into hospital while under our care, you will be admitted to The Royal Melbourne Hospital's dedicated Palliative Care Unit on Level 7.

Can I be cared for at home?

Meeting your wishes for where and how you want to receive care is very important to us. In some instances, we can arrange support from a community-based Palliative Care Service. These are teams that assist in providing care at home, and are a separate service to your hospital team, although we work closely together to enhance care. We would only ask these teams to be involved if you provide your consent for this referral to be made.

Take the public walkway linking Peter Mac and The Royal Melbourne Hospital on Level 7



Call us to book an interpreter



Partnering with Consumers



For more information please contact our Palliative Care teams located at either Peter Mac or The Royal Melbourne Hospital:

Peter Mac
Victorian Comprehensive Cancer Centre building
☎ 03 8559 7960
🌐 www.petermac.org

The Royal Melbourne Hospital
Level 7
Palliative Care Ward
☎ 03 9342 2580
🌐 www.thermh.org.au