



LET'S TALK LYMPHOEDEMA

Lymphoedema is swelling caused by a build-up of lymph fluid in the tissues, which occurs if the lymph nodes are damaged or removed

When: Second Wednesday of every month

Time: 12:00 -1:00 pm

Where: Online via Zoom

In this session, a qualified physiotherapist and lymphoedema therapist will explain:

- The effects of lymphoedema and how to reduce your chances of developing it
- How lymphoedema is diagnosed, treated, and where to go for help



For more information and to register your interest, please scan the QR code



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